

STATS ON CYBER



Over **90%** of cyber attacks caused by human error



One in 5 teenagers have received unwanted sexual solicitation online



60+ years is the most at risk age group for being a victim of cybercrime



92% of malware viruses are delivered via email



300% increase in cyber attacks since 2019

TOP TIPS/ EASY TIPS TO IMPLEMENT

01. Social media

Set your profiles to private and don't accept invites from people you don't know

02. Online shopping

Purchase from trusted sites, use a credit card where possible and remember, if it is too good to be true, it probably is

03. Keep your family safe

Use parental controls to limit what your children can see online, consider setting time limits and blocking inappropriate content

04. Home internet

Remember to change your home wifi password from the original one provided by the service provider

05. Passwords

Create passwords that are; long enough and strong enough, three random words is a good place to start. Consider the use of a reputed password manager

06. Phishing

Tell tale signs of phishing emails are; poor grammar and spelling, excessive urgency and emotion, inconsistency in domain and sender address. If in doubt verify via over the phone or online chat

07. Bank contact

Your bank will never phone you out of the blue, asking for your PIN number or password, and they won't ask you to transfer money to a different account.