

CURRICULUM *Correlation*

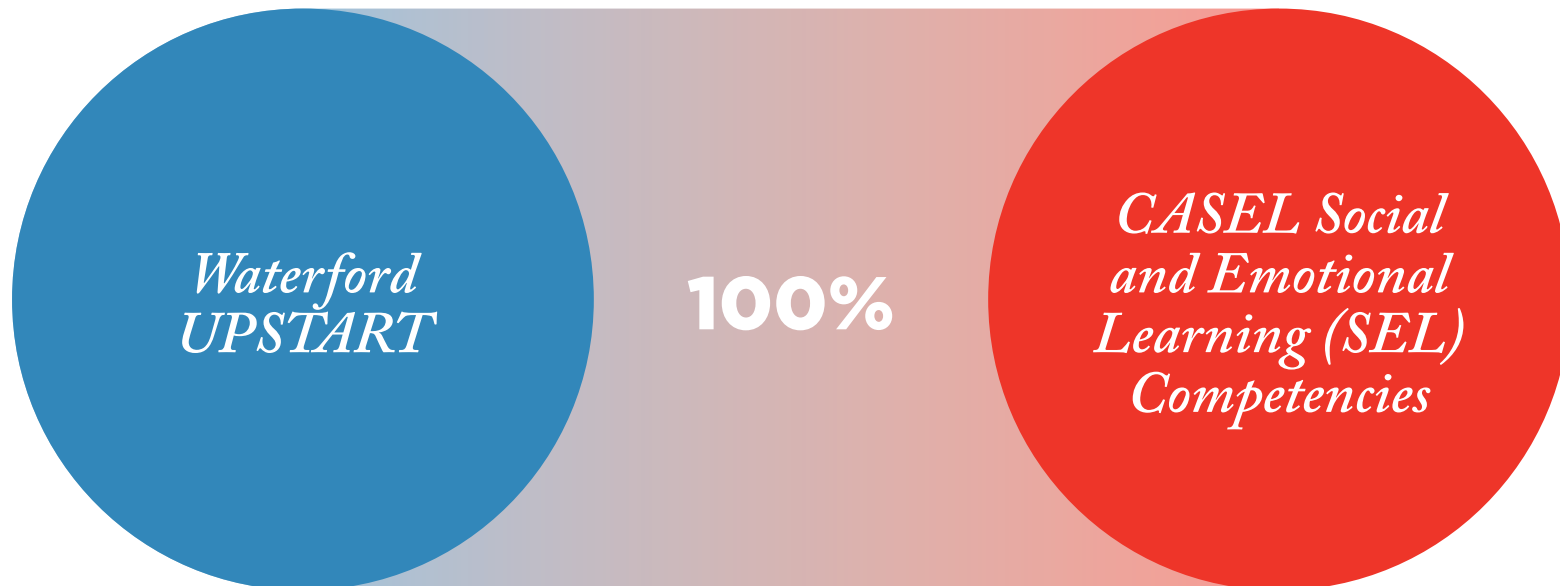


TABLE OF CONTENTS

OVERVIEW.....	1
SELF-AWARENESS.....	2
SELF-MANAGEMENT.....	3
SOCIAL AWARENESS.....	4
RELATIONSHIP SKILLS.....	4
RESPONSIBLE DECISION-MAKING.....	5

This document provides a detailed correlation of **WATERFORD UPSTART to CASEL SOCIAL AND EMOTIONAL LEARNING (SEL) COMPETENCIES.**

UPSTART INTRODUCTION

UPSTART is an at-home, online kindergarten readiness program that provides preschool-age children with early reading, math, and science lessons. UPSTART participants use Waterford Early Learning software.

UPSTART's aim is to form a partnership with the children's families to ensure all children obtain the skills necessary for success in school. 99% of UPSTART families report that UPSTART was key in preparing their children for kindergarten.

PROVEN SUPPORT MODEL

UPSTART has a strong and proven support model (provided in English or Spanish). UPSTART families are assigned a Personal Care Representative. Their Personal Care Representatives train UPSTART families and monitor student progress. At the end of the program, families give their representatives high marks, noting they are knowledgeable, friendly, and truly dedicated to helping children and families learn together.

UPSTART ends with graduation parties, which are a chance for families to honor their children's achievements. Families are also given their children's early literacy outcomes.

When needed, hardware and internet are provided to families who qualify, bridging the technology gap as well as the early literacy and numeracy achievement gaps.

SOCIAL AND EMOTIONAL LEARNING FOR STUDENTS

Key executive function skills are taught as part of UPSTART. Other executive function skills are achieved by working with families. Families

receive explanations of these key learning objectives as well as suggestions for offline activities. This helps families to establish a warm, home-learning environment.

The UPSTART website (available in English and Spanish) also has a [Resources and Activities](#) section with offline activities and printable resources. Parents can select from the following categories: Art, Health and Safety, Helpful Hints, Holidays, Math and Science, Reading, Social and Emotional Learning, Social Studies, and Technology.

When UPSTART children transition to kindergarten, families often notice how confident their children are. The children understand what their teachers are discussing in class and they are class leaders. Similarly, teachers report UPSTART children are eager to learn and quick to participate in classroom activities.

WATERFORD EARLY LEARNING

UPSTART children use Waterford Early Learning, a comprehensive, technology-based early reading, math, and science program. Waterford Early Learning includes two programs: Waterford Reading and Waterford Math & Science.

- Waterford Reading is a comprehensive, adaptive reading curriculum designed to help each student develop into a fluent reader.
- Waterford Math & Science provides young learners comprehensive instruction in the major areas of early math: numbers and operation, geometry, algebraic reasoning, geometry and measurement, and data analysis. The integrated science curriculum emphasizes exploration and the scientific method while teaching earth, life, and physical science.

PERSONALIZED LEARNING FOR CHILDREN

Children will experience the digital resources listed in this correlation based on their individual needs, as determined by their performance and demonstration of mastery of learning objectives.

DOCUMENT ORGANIZATION

This document includes a correlation chart with the following columns:

- CASEL Competencies: lists specific social and emotional learning competencies as outlined by CASEL.
- Waterford Books: lists Waterford books that children encounter during their personalized learning instruction.
- Waterford Family Activities: lists activities provided to families via the [UPSTART website](#). Families can do these activities together in the home.
- Waterford Digital Resources: lists Waterford online activities presented to children during their personalized instruction.

CONTINUAL DEVELOPMENT

As a nonprofit research institute, Waterford is continually developing their programs with the latest research findings. Please note that this correlation is accurate as of the date on the cover.

Following an extensive review, Waterford Reading received CASE endorsement in 2016.



CASEL SOCIAL AND EMOTIONAL LEARNING (SEL) COMPETENCIES

CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
SELF-AWARENESS			
The ability to accurately recognize one’s own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one’s strengths and limitations, with a well-grounded sense of confidence, optimism, and a “growth mindset.”			
Identifying emotions	<ul style="list-style-type: none"> Wendel Wandered I Met a Monster I Can’t Wait 	<ul style="list-style-type: none"> Guess How I’m Feeling Rock-a-Bye, Baby Lullaby 	
Accurate self-perception	<ul style="list-style-type: none"> I Want to Be a Scientist Like Thomas Edison The Courage to Learn: The Story of Helen Keller The City Mouse and the Country Mouse Lizard and the Painted Rock 	<ul style="list-style-type: none"> The Prize Visualization 	<ul style="list-style-type: none"> My Family: Come Inside My Family: My Name is Squirrel
Recognizing strengths	<ul style="list-style-type: none"> I Want to Be a Scientist Like George Washington Carver I Want to Be a Mathematician Like Ada Byron Lovelace The Gingerbread Man 	<ul style="list-style-type: none"> Create a Superhero 	
Self-confidence	<ul style="list-style-type: none"> Movin’ to the Music Time I Want to Be a Scientist Like Isaac Newton The Ugly Duckling 		
Self-efficacy	<ul style="list-style-type: none"> What Will Sara Be? I Want to Be a Scientist Like Sophie Germain My Super Sticky Sandwich 	<ul style="list-style-type: none"> Tool Center 	

CASEL SOCIAL AND EMOTIONAL LEARNING (SEL) COMPETENCIES

CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
SELF-MANAGEMENT			
The ability to successfully regulate one’s emotions, thoughts, and behaviors in different situations—effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.			
Impulse control	<ul style="list-style-type: none"> The Snow Lion Henny Penny Play Ball 	<ul style="list-style-type: none"> Still and Silent Ninjas Waiting Game Taking Turns Game 	<ul style="list-style-type: none"> It’s Not Fair! Hide and Seek: Find Me!
Stress management	<ul style="list-style-type: none"> The Magic Porridge Pot Moving Day The Crowded House 	<ul style="list-style-type: none"> Rock-a-Bye, Baby Lullaby 	
Self-discipline	<ul style="list-style-type: none"> I Want to Be a Scientist Like Antoni Van Leeuwenhoek I Want to Be a Scientist Like Alexander von Humboldt I Met a Monster 	<ul style="list-style-type: none"> Waiting Game Garbage Elves 	
Self-motivation	<ul style="list-style-type: none"> Story of Tong and Mai Nhia I Want to Be a Mathematician Like Srinivasa Ramanujan Three Little Pigs 		
Goal setting	<ul style="list-style-type: none"> Navajo Beads Louis Braille: Light out of Darkness Reaching Above: The Story of Bessie Coleman 		
Organizational skills	<ul style="list-style-type: none"> I Want to Be a Scientist Like Carl Linnaeus Snow Project Buttons, Buttons 		

CASEL SOCIAL AND EMOTIONAL LEARNING (SEL) COMPETENCIES

CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
SOCIAL AWARENESS			
The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.			
Perspective-taking	<ul style="list-style-type: none"> • What If You Were an Octopus? • Seeing Fingers • Goldilocks and the Three Bears • Anansi and the Seven Yam Hills • The Big Mitten 		
Empathy	<ul style="list-style-type: none"> • A Place for Shad • Making the Team • Noise? What Noise? • Photos for Phil 	<ul style="list-style-type: none"> • Lots of Feelings 	<ul style="list-style-type: none"> • Boo Hoo Baby
Appreciating diversity	<ul style="list-style-type: none"> • David Next Door • Today I Write a Letter • Turtle's Pond 		
Respect for others	<ul style="list-style-type: none"> • The Talking Lizard • All on the Same Earth • Duc Tho Lee's Birthday Present • The Lion and the Mouse 	<ul style="list-style-type: none"> • Taking Turns Game • Personal Space Circle • Please and Thank You • Teaching Children Manners 	<ul style="list-style-type: none"> • Baby's Birthday: Perfect Present
RELATIONSHIP SKILLS			
The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.			
Communication	<ul style="list-style-type: none"> • Painting by Number • The Courage to Learn: The Story of Helen Keller • Alligator in the Library 	<ul style="list-style-type: none"> • I Love My Hat • Plant or Animal Sort • Can I Play? • Taking Turns Game • Asking for Help Game • Please and Thank You • Find the Ball • Do You Have? • What Would You Do? 	<ul style="list-style-type: none"> • My Family • My Family: Soup's On

CASEL SOCIAL AND EMOTIONAL LEARNING (SEL) COMPETENCIES

CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
RELATIONSHIP SKILLS <i>continued</i>			
Social engagement	<ul style="list-style-type: none"> I Want to Be a Scientist Like Jane Goodall Today I Write a Letter Elephant Upstairs The Shoemaker and the Elves 	<ul style="list-style-type: none"> I Love My Hat Can I Play? Shape Bag 	<ul style="list-style-type: none"> Baby's Birthday: Party Time My Family: Soup's On
Relationship building	<ul style="list-style-type: none"> The Story Cloth The Brothers Nicky's Gift 	<ul style="list-style-type: none"> Can I Play? This Belongs to a Friend What Would You Do? 	<ul style="list-style-type: none"> Clubhouse Hide and Seek: Where's Papa
Teamwork	<ul style="list-style-type: none"> Treasures from the Loom The Case of the Missing Jewel The Little Red Hen 	<ul style="list-style-type: none"> Hi! Notes Clean Up Together! Find the Ball Emergency Preparedness for Kids 	<ul style="list-style-type: none"> Marmot Basket
RESPONSIBLE DECISION-MAKING			
The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.			
Identifying problems	<ul style="list-style-type: none"> Half for You and Half for Me Yangshi's Perimeter Why Wind and Water Fight: An African-American Tale I Hate Peas 	<ul style="list-style-type: none"> Telling the Truth 	
Analyzing situations	<ul style="list-style-type: none"> I Want to Be a Mathematician Like Thales The Fable Fair La Tortuga 	<ul style="list-style-type: none"> Role Play Emergency Preparedness for Kids 	
Solving problems	<ul style="list-style-type: none"> Sequoyah's Talking Leaves I Want to Be a Scientist Like Orville and Wilbur Wright Inventions All Around 	<ul style="list-style-type: none"> Role Play Emergency Preparedness for Kids 	<ul style="list-style-type: none"> Musical Mayhem

CASEL SOCIAL AND EMOTIONAL LEARNING (SEL) COMPETENCIES

CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
RESPONSIBLE DECISION-MAKING <i>continued</i>			
Evaluating	<ul style="list-style-type: none"> • Can You Guess? A Story of Two Voices • I Want to Be a Mathematician Like Archimedes • I Want to Be a Scientist Like Stephen Hawking 	<ul style="list-style-type: none"> • Telling the Truth • Guess My Rule 	
Reflecting	<ul style="list-style-type: none"> • Mela's Water Pot • Lightning Bells • The Three Wishes 	<ul style="list-style-type: none"> • Being Thankful: A Thanksgiving Craft 	
Ethical responsibility	<ul style="list-style-type: none"> • I Want to Be a Mathematician Like Pythagoras • I Want to Be a Scientist Like Marie Curie • Mr. Lucky Straw 	<ul style="list-style-type: none"> • Clean Up Together! • Telling the Truth 	<ul style="list-style-type: none"> • Pollution and Recycling • Baby's Birthday: Perfect Present