NOVEMBER 2018

CURRICULUM *Correlation*

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CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
SELF-AWARENESS **The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."**			
Identifying emotions	• Wendel Wandered • I Met a Monster • I Can't Wait	• Guess How I'm Feeling • Rock-a-Bye, Baby Lullaby	
Accurate self-perception	• I Want to Be a Scientist Like Thomas Edison • The Courage to Learn: The Story of Helen Keller • The City Mouse and the Country Mouse • Lizard and the Painted Rock	• The Prize Visualization	• My Family: Come Inside • My Family: My Name is Squirrel
Recognizing strengths	• I Want to Be a Scientist Like George Washington Carver • I Want to Be a Mathematician Like Ada Byron Lovelace • The Gingerbread Man	• Create a Superhero	
Self-confidence	• Movin' to the Music Time • I Want to Be a Scientist Like Isaac Newton • The Ugly Duckling		
Self-efficacy	• What Will Sara Be? • I Want to Be a Scientist Like Sophie Germain • My Super Sticky Sandwich	• Tool Center	

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CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
SELF-MANAGEMENT The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations—effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.			
Impulse control	• The Snow Lion • Henny Penny • Play Ball	• Still and Silent Ninjas • Waiting Game • Taking Turns Game	• It's Not Fair! • Hide and Seek: Find Me!
Stress management	• The Magic Porridge Pot • Moving Day • The Crowded House	• Rock-a-Bye, Baby Lullaby	
Self-discipline	• I Want to Be a Scientist Like Antoni Van Leeuwenhoek • I Want to Be a Scientist Like Alexander von Humboldt • I Met a Monster	• Waiting Game • Garbage Elves	
Self-motivation	• Story of Tong and Mai Nhia • I Want to Be a Mathematician Like Srinivasa Ramanujan • Three Little Pigs		
Goal setting	• Navajo Beads • Louis Braille: Light out of Darkness • Reaching Above: The Story of Bessie Coleman		
Organizational skills	• I Want to Be a Scientist Like Carl Linnaeus • Snow Project • Buttons, Buttons		

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CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
SOCIAL AWARENESS			
The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.			
Perspective-taking	• What If You Were an Octopus? • Seeing Fingers • Goldilocks and the Three Bears • Anansi and the Seven Yam Hills • The Big Mitten		
Empathy	• A Place for Shad • Making the Team • Noise? What Noise? • Photos for Phil	• Lots of Feelings	• Boo Hoo Baby
Appreciating diversity	• David Next Door • Today I Write a Letter • Turtle's Pond		
Respect for others	• The Talking Lizard • All on the Same Earth • Duc Tho Lee's Birthday Present • The Lion and the Mouse	• Taking Turns Game • Personal Space Circle • Please and Thank You • Teaching Children Manners	• Baby's Birthday: Perfect Present
RELATIONSHIP SKILLS			
The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.			
Communication	• Painting by Number • The Courage to Learn: The Story of Helen Keller • Alligator in the Library	• I Love My Hat • Plant or Animal Sort • Can I Play? • Taking Turns Game • Asking for Help Game • Please and Thank You • Find the Ball • Do You Have? • What Would You Do?	• My Family • My Family: Soup's On

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CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
RELATIONSHIP SKILLS *continued*			
Social engagement	• I Want to Be a Scientist Like Jane Goodall • Today I Write a Letter • Elephant Upstairs • The Shoemaker and the Elves	• I Love My Hat • Can I Play? • Shape Bag	• Baby's Birthday: Party Time • My Family: Soup's On
Relationship building	• The Story Cloth • The Brothers • Nicky's Gift	• Can I Play? • This Belongs to a Friend • What Would You Do?	• Clubhouse • Hide and Seek: Where's Papa
Teamwork	• Treasures from the Loom • The Case of the Missing Jewel • The Little Red Hen	• Hi! Notes • Clean Up Together! • Find the Ball • Emergency Preparedness for Kids	• Marmot Basket
RESPONSIBLE DECISION-MAKING			
The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.			
Identifying problems	• Half for You and Half for Me • Yangshi's Perimeter • Why Wind and Water Fight: An African-American Tale • I Hate Peas	• Telling the Truth	
Analyzing situations	• I Want to Be a Mathematician Like Thales • The Fable Fair • La Tortuga	• Role Play • Emergency Preparedness for Kids	
Solving problems	• Sequoyah's Talking Leaves • I Want to Be a Scientist Like Orville and Wilbur Wright • Inventions All Around	• Role Play • Emergency Preparedness for Kids	• Musical Mayhem

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CASEL COMPETENCIES	WATERFORD BOOKS	WATERFORD FAMILY ACTIVITIES	WATERFORD DIGITAL RESOURCES
RESPONSIBLE DECISION-MAKING *continued*			
Evaluating	• Can You Guess? A Story of Two Voices • I Want to Be a Mathematician Like Archimedes • I Want to Be a Scientist Like Stephen Hawking	• Telling the Truth • Guess My Rule	
Reflecting	• Mela's Water Pot • Lightning Bells • The Three Wishes	• Being Thankful: A Thanksgiving Craft	
Ethical responsibility	• I Want to Be a Mathematician Like Pythagoras • I Want to Be a Scientist Like Marie Curie • Mr. Lucky Straw	• Clean Up Together! • Telling the Truth	• Pollution and Recycling • Baby's Birthday: Perfect Present

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