

CARE GUIDE

MILK + BLUSH

WE KNOW YOU CAN'T WAIT...

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...but before opening the void seal and removing your new hair extensions, please take a minute to check you have the right shade.

- If you have ordered a full head set, open the 'tester weft' then hold it up to the top and mid-lengths of your hair.
- Remember that highlighted shades will appear duller in the packaging.
- Once you are happy and confident that the shade is right for you, you can go ahead and open up the rest of the packaging.

*Wanna know how
to clip your new set in?*



Scan me

Or go to:

www.youtube.com/watch?v=bW2M31Zif54



Caring for your extensions

Always use a heat protectant

Just like your natural hair, you need to make sure you're protecting your hair extensions from heat damage when styling. Using too much heat can lead to breakage as your extensions do not get the same supply of natural oils as your own hair.

Make sure to prep your set with a heat protectant everytime you style it and avoid turning up the heat any higher than 185°C. Here at M+B, we love the GHD Heat Protect Spray, which is really lightweight and makes your hair look super shiny.

Invest in a loop brush

We'd recommend using a loop brush for your hair extensions over your regular hair brush to avoid causing any damage. Loop brushes have looped bristles which are super gentle on your hair and won't pull or snap your strands.

Remember to brush your hair extensions each time you take them out of their box and before you pop them back to keep them tangle free. Just be sure to brush from the ends up!





Avoid heavy products

Some hair products can be really drying so we recommend avoiding them when it comes to styling your hair extensions. Salt sprays and dry shampoo can really dry out your set and will create a build-up on the hair that can make them look dull.

Take them out

Going to bed in your extensions is an absolute no-go as all that tossing and turning will put pressure on the clips. This can damage your natural hair in the same way as wearing a super tight ponytail. It's also not recommended to exercise in them.

We also suggest that you store your hair extensions in the box they came in, ideally in a hair net or kept together with an elastic.



Keep them dry

One of the biggest myths about clip-in hair extensions is that you need to wash them just as much as your regular hair, but this definitely isn't true! Getting your extensions wet can really dry them out so we recommend minimising this as much as possible.

If you only use super lightweight products, you shouldn't get too much product build-up. Simply revive them with some Silicone Spritz which will help to replenish any moisture lost to heat styling and will completely refresh your set. You'll only need to do this every few months but it'll help to soften the hair, detangle the lengths and add shine.

Enjoy your new set

If you have any more questions pop us a message at hello@milkandblush.com.

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