

# BOXPHISH STATS ON CYBER



Over **90% cyber attacks** caused by human error



One in **5 teenagers** have received an unwanted sexual solicitation online



**300% increase** in cyber attacks since 2019



**60+ years** is the most at risk age group for being a victim of cybercrime



**92% of malware viruses** are delivered via email



# TOP TIPS / EASY TIPS TO IMPLEMENT



**Passwords**  
create passwords that are; long enough and strong enough, three random words is a good place to start. Consider the use of a reputed password manager



**Social media**  
set your profiles to private and don't accept invites from people you don't know



**Home internet**  
Remember to change your home wifi password from the original one provided by the service provider



**Phishing**  
tell tale signs of phishing emails are; poor grammar and spelling, excessive urgency and emotion, inconsistency in domain and sender address. If in doubt verify via over the phone or online chat



**Online shopping**  
purchase from trusted sites, use a credit card where possible and remember, if it is too good to be true, it probably is



**Bank contact**  
Your bank will never phone you out of the blue, asking for your PIN number or password, and they won't ask you to transfer money to a different account.



**Keep your family safe**  
use parental controls to limit what your children can see online, consider setting time limits and blocking inappropriate content