**MST Practice Session – Self-evaluation Form**

1. Evaluate your own performance by highlighting 1 (=needs improvement), 2 (=OK), or 3 (=good).

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| **Exam section** | **Evaluation** | **Reason(s)/ Example(s)** |
| **Part 1** |  |  |
| 2-3 sentence responses | 1 2 3 |  |
|  |  |  |
| **Part 2** |  |  |
| Organization of talk | 1 2 3 |  |
| Ability to keep going | 1 2 3 |  |
|  |  |  |
| **Part 3** |  |  |
| Direct answers | 1 2 3 |  |
| Explanations | 1 2 3 |  |
| Examples | 1 2 3 |  |

2. Evaluate your own performance by highlighting or circling the appropriate descriptor.

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| **Band 6** | **Band 7** | **Band 8** |
| **Fluency and Coherence** | | |
| * pauses, hesitation or repetition in less than 50% of sentences * problems with organisation of Part 2 and 3 answers | * no pauses, hesitation or repetition in the majority of sentences * well-developed and organised answers | * all answers fully developed in a logical way * no language-related pauses or hesitations |
| **Vocabulary** | | |
| * frequent mistakes, but meaning is clear | * some mistakes, but able to communicate precise meaning when speaking about unfamiliar topics | * uses natural phrasing and expressions to convey precise meaning throughout |
| **Grammar** | | |
| * mistakes in more than half of all sentences | * mistakes in less than half of all sentences | * no systemic errors |
| **Pronunciation** | | |
| * some mistakes but possible to understand everything * sometimes uses correct rhythm, intonation and connected speech | * very easy to understand everything * mostly uses correct rhythm, intonation and connected speech | * almost no mistakes with rhythm, intonation and connected speech |